

# WEEK 1 MENU

WEEK STARTING

**15**  
APR

**6**  
MAY

**3**  
JUN

**24**  
JUN

**15**  
JUL

**9**  
SEP

**30**  
SEP

**21**  
OCT

## MONDAY

CHOOSE FROM

Tomato pasta (V)

Chicken fajita with a blend of brown and white rice

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Freshly baked chocolate shortbread biscuit

## TUESDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend brown and white rice (Vg)

Pork sausages with mashed potato and gravy

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit and jelly

## WEDNESDAY

CHOOSE FROM

Handmade margherita pizza (V)

Bubble salmon with crinkle cut wedges

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Banana cake

## THURSDAY

CHOOSE FROM

Vegetable wellington (Vg)

Sliced beef and Yorkshire pudding

ON THE SIDE

Roast potatoes, gravy and vegetables of the day

TO FINISH

Chocolate sponge cake

## FRIDAY

CHOOSE FROM

Roasted vegetable lasagne (V)

Baked omega 3 fillet fish fingers and chips

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Jam and coconut sponge cake

**FRUIT SALAD AND YOGHURT**

SERVED EVERY DAY

(V) Vegetarian

(Vg) Vegan

(P) Plant Power

All menu items are subject to change based upon

Monday	Tuesday	Wednesday	Thursday	Friday	d in the event of circumstances.
Cheese	Beans	Tuna Mayo	Beans	Cheese	