

## Purbrook Junior School- PSHE (including SRE) Curriculum Overview

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 3	What makes a good community?	What keeps us safe?	How can we be a good friend?	What are families like?	What should we do to keep active and sleep well?	How can our choices make a difference to others and the environment?
Year 4	What makes up a person's identity?	How can we manage risk in different places	How do we treat each other with respect?	How can we manage our feelings?	What strengths skills and interests do we have?	Why should we eat well and look after our teeth
Year 5	What decisions can people make with money?	How will we grow and change?	How can friends communicate safely?	How can we help in an accident or emergency?	What jobs would we like?	How can drugs common to everyday life affect health?
Year 6	What will change as we become more independent?		How can we keep healthy as we grow		How can the media influence people? How do we change from childhood to adulthood?	

Health and Wellbeing	Relationships	Living in the wider world
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