



## **Purbrook Junior School Curriculum Overview:**

Our curriculum is designed to offer children a wide range of sporting experiences whilst providing an opportunity to embed our Sports4Primary skills progression.

TERM	KS2 PE CURRICULUM	
	Indoor	Outdoor
Autumn 1	Circuits Personal/Coordination/Agility/Balance	Basketball/Netball Agility/Social/Coordination/Personal
Autumn 2		Outdoor
	<b>Gymnastics</b> Balance/Agility/Coordination/Creative/Personal	Hockey Agility/Social/Coordination/Personal
Spring 1	Indoor	Outdoor
	Indoor Athletics Personal/Coordination/Agility/Balance	Handball Agility/Social/Coordination/Personal
Spring 2	Indoor	Outdoor
	Dance Balance/Agility/Coordination/Creative/Social	Rugby/Football Agility/Social/Coordination/Personal
Summer 1	Indoor	Outdoor
	Circuits Personal/Coordination/Agility/Balance	Athletics Personal/Coordination/Agility/Balance
Summer 2	Indoor/Outdoor	Outdoor
	Tennis/Badminton Personal/Social/Agility/Balance	Rounds/Cricket Personal/Coordination/Agility/Balance/Social

## **Curriculum Impact:**





Our curriculum improves all pupils' core skills and confidence in PE. It also allows the more able pupils to be identified and extended whilst challenge others to make excellent progress. Children's progress and attainment is assessed across 6 core skills as well as additional sport specific skills.

	6 CORE SKILLS	
Cognitive	To review, analyse and evaluate performance	
Physical	To perform movements a range of movements with agility, balance and coordination	
Health and Fitness	To understand and apply the key principles behind health and fitness	
Personal	Self-motivated / Sets and achieves personal goals / Take risks	
Social	Communicates effectively within a team / Encourages other / Demonstrates leadership qualities	
Creative	Develops & performs own routines/ Develops strategies and tactics to overcome problems	







Our curriculum is underpinned by 6 core values which link directly to those adopted by the Hampshire School Games. Each value is represent by a different mascot.

	6 CORE VALUES	
Self-Belief	Displaying confidence in their own abilities or judgment to achieve goals	
Passion	Developing an enthusiasm for sport as well as leading a healthy lifestyle	
Honesty	Being truthful and understanding mistakes are a fundamental part of the learning process	
Respect	Showing that they care about others well-being and how they feel	
Teamwork	Communicating effectively within a team, encouraging other & demonstrates leadership qualities	
Determination	Demonstrating a strong resilience to overcome problems	



